

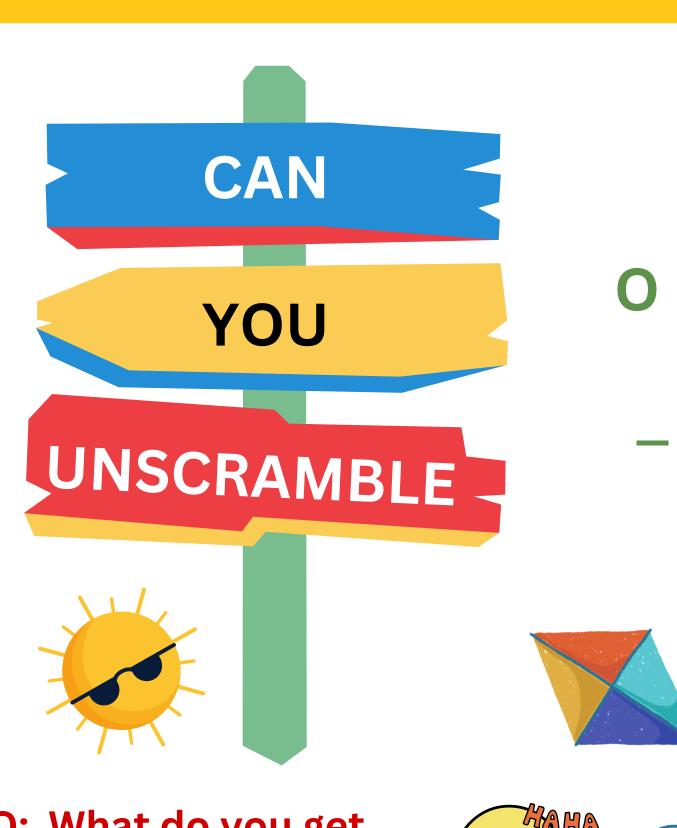
Summer is well underway - are you having fun in the sun?

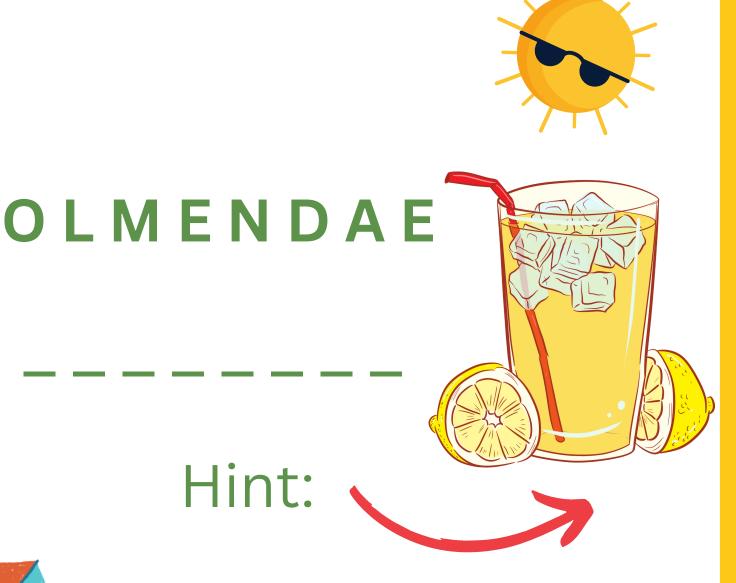
We live and enjoy one of the most beautiful parts of Ontario and in summer, it's hard to resist the beach, swimming in the Bay, downtown markets, live music, shoreline boardwalks and so much more. It feels good to be outside enjoying all that nature and communities have to offer. A little sunscreen, lots of water to stay hydrated along with a sizzling summer attitude and you have it "made in the shade". So enjoy! Take a few pics and send them to us so we can share how much fun in the sun you are having.



## Have You Heard?

September 18, 2023 with tours every 15 minutes starting at 11:00 am. Come and see the changes to the Centre and how we deliver programs in-house and over Zoom. To schedule your tour, contact Maureen at 705-445-1543 ext \*301





Q: What do you get when you combine an elephant with a fish?

A: Swimming trunks!



Splash



**U**mbrella



Nice



Sunscreen



Hydrate













#### **DID YOU KNOW**

The hottest part of the day is between 11:00 am and 3:00 pm.



## SUMMER















### SUMMER WORD SEARCH

Look for the words listed below.





USBAEIPLH

NHTTWCLSO

BENEUEAAT

LLWRRDYNN

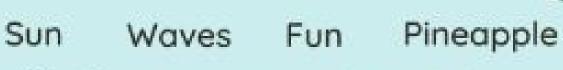
OLNBOTSDF

CAMBEACHU

KUWAVESCN

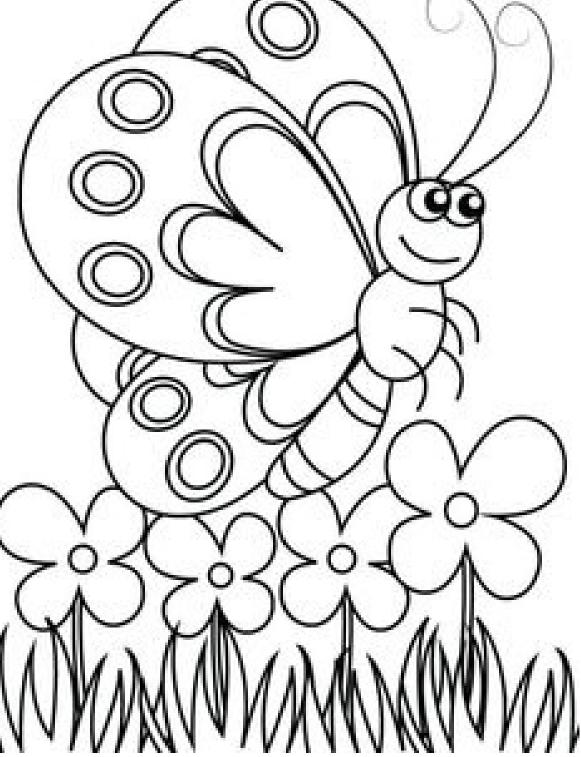
PINEAPPLE



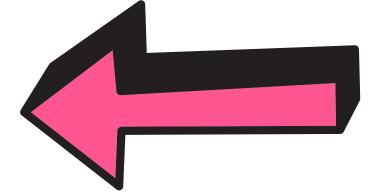


Sunblock Hot Beach Water

Play Sand Shell Umbrella

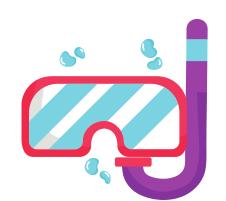


#### Colour Me



























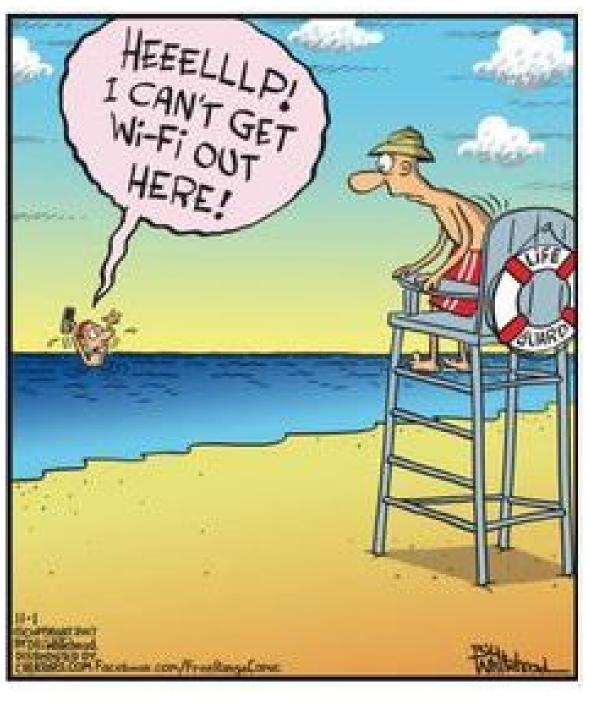
# CANADA SUMMER JOBS YOUTH EMPLOYMENT COMES TO AN END



In addition to Christine's Peer Support role, from May to July she also became one of our Canada Summer Jobs staff creating more program videos, overseeing Bingo and Friendship Cafe while working on other special projects. BDB also had the pleasure of welcoming Megan and Patricia as part of the Canada Summer Jobs Youth Employment initiative. You may have seen them on site for our senior's program or spoken with them for Consumer surveys.

Their time with us is coming to an end for this year and we wanted to give a big shout out to them for all their hard work and commitment to BDB.

Chris, Megan and Patricia - THANK YOU FOR EVERYTHING!





Worth a Chuckle