



FALL EDITION  
2023



BREAKING DOWN BARRIERS  
Independent Living Resource Centre  
Simcoe • Grey • Bruce



# the CONSUMER report

Who doesn't like autumn? We know the days might be getting shorter and winter is creeping closer, but autumn is full of nice days with crisp air, sunshine, beautiful fall colours to take in and tons of delicious pumpkin spice treats to be found.



There's pumpkin picking, cider drinking, and the perfect conditions to be outside.



## DID YOU KNOW...



- **Trees prepare for winter? One of the most stunning signs of autumn is the turning of the leaves. The shorter days are a sign to trees to begin to prepare for winter.**
- **During winter there is not enough light for photosynthesis to occur, so as the days shorten throughout autumn, the trees begin to close down their food production systems and reduce the amount of chlorophyll in their leaves.**
- **The word equinox comes from the Latin equi (meaning equal) and nox (meaning night) accounting for the equinox marking the time when day and night are of equal length.**





CAN  
YOU  
UNSCRAMBLE



TRAHSEV

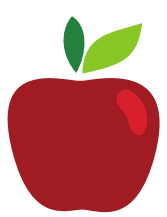
Hint:



farmers do it this time of year



## Pumpkin Carving Design Ideas



Apples are so delicious in the fall and picking apples can be a ton of fun. Did you come to our "Apple of My Eye" fundraiser? Here are a few pictures from the day.

TRICK OR TREAT



As the kiddies prepare to go trick or treating this Halloween, let's all remember to make our entrances as accessible as possible so all kids of all abilities can safely enjoy the night.

