

SPRING Edition
March 2025



BREAKING DOWN BARRIERS
Independent Living Resource Centre
Simcoe • Grey • Bruce



the **CONSUMER** report

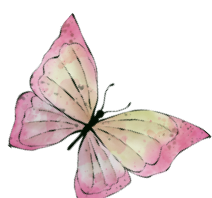
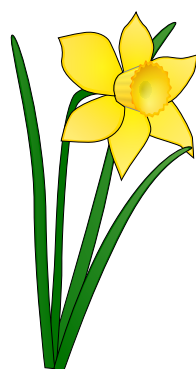
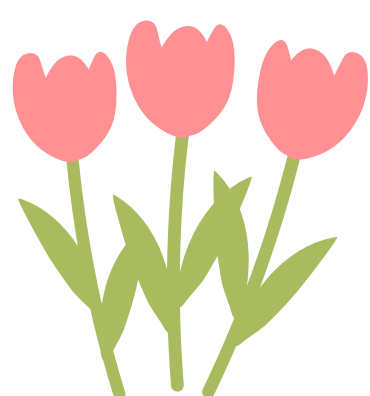
We know March can bring a wide variety of weather; from sunshine to rain, snow and wind. No matter what Mother Nature throws at us, it won't be as bad as what we have already been through in January and February. So on that note, let's celebrate what is awesome about Spring:

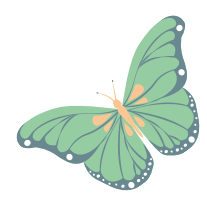
- We “spring” our clocks forward one hour when we go to bed March 8th.
- We start to hear the beautiful sound of birds in our backyard again.
- We officially mark the start of Spring on March 20th.
- The weather gets better and better as we patiently await warmer days!
- There's a renewed freshness in the air as things begin to dry out and find life again as we are treated to familiar smells of Spring all around us.



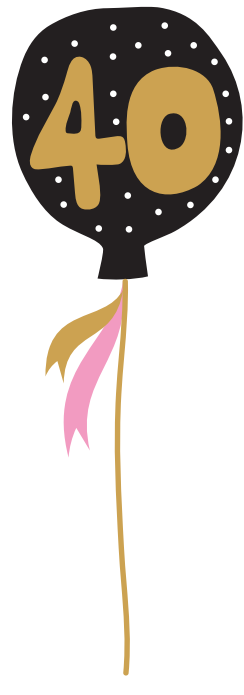
DID YOU KNOW.....

Usually, the earliest spring flowers to bloom each year are tulips, daffodils, sunflowers and lilies.





BDB
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Celebrating 40 Years



Celebrating 40 years is quite an accomplishment and we recognized it in a couple of meaningful ways. First we gathered for the Town of Collingwood clock tower being lit in blue in recognition of this honour and then we celebrated during our Rockin' the House bonspiel.



Dave West Photog



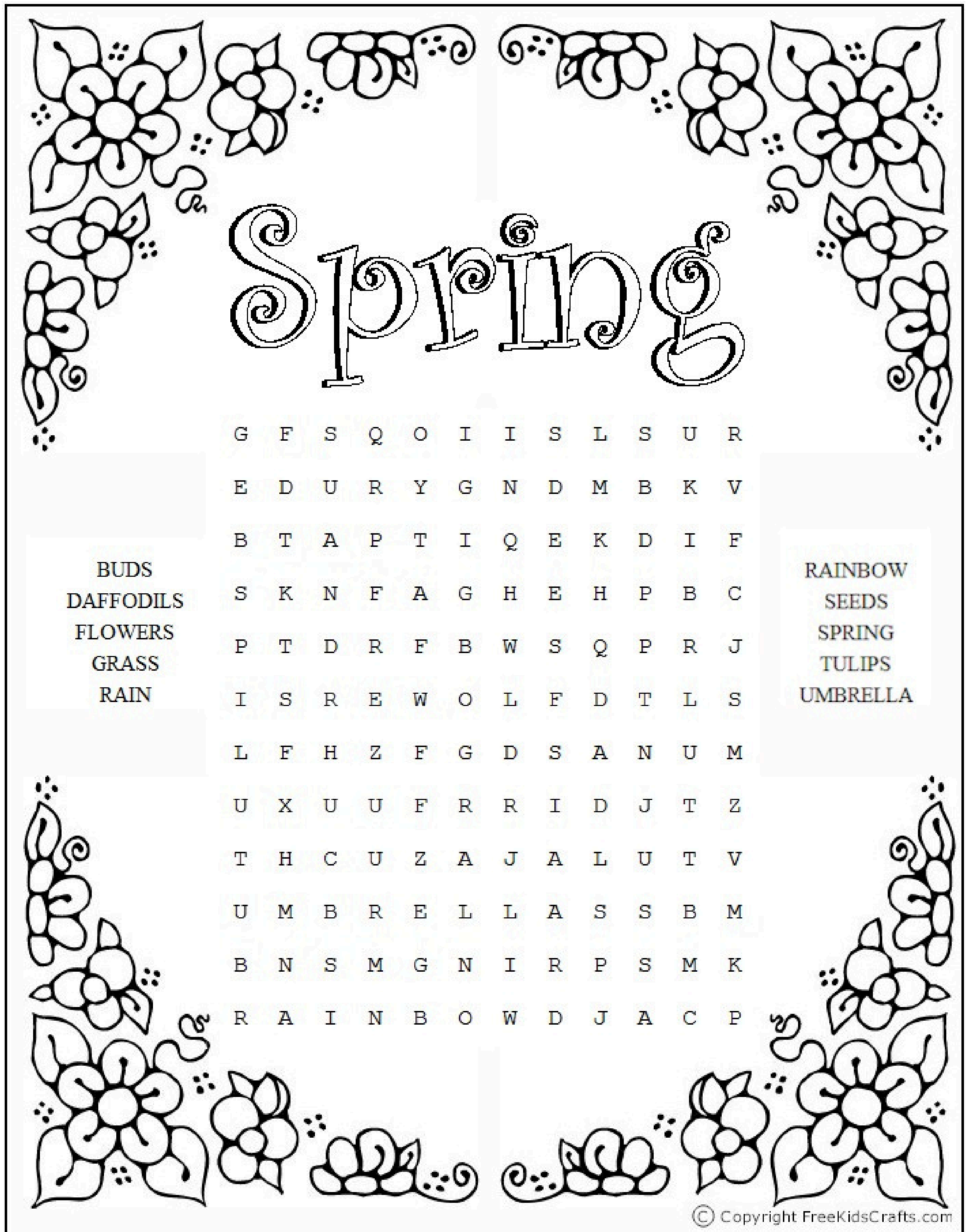
Dave West Photography



Dave West Photography



Dave West Photography



What's Ahead ...

**June 2025 will be BDB's Annual General Meeting
Stay tuned-in to our Facebook page for more details.**