BREAKING DOWN BARRIERS
Independent Living Resource Centre
Simcoe • Grey • Bruce

# Board of Directors' Meeting
# Minutes

**Date: Wednesday October 21, 2026**
**Time:** 5:00 pm
**Location: Zoom**

**Invitees:** Sandy McAuliffe (Chair), Tom Crawford (Interim Treasurer), Alex Ballah, Rebekah Vaughan (Vice-Chair), Ashlie Drake (Board Secretary), Kathryn Bloomfield, Jan Sandberg, Lilly Cadeau, Robin Grant, Teresa Gal (ED), Maureen Smithers (Program and DF Coordinator), Lucille Dalziel (Communication and Volunteer Coordinator)

**Regrets:** Rebekah Vaughan, Guy Brucculeri
**Quorum:** Yes
**Minutes:** Maureen Smithers

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1. **Approval of Agenda - Motion Required**

   **Moved: Sandy**
   **Second: Robin**
   **Carried: Unanimously**

2. **Education Session:** Wellness Without Barriers Presented by Lucille

   - Lucille presented a PPT providing an overview of the WWOB program including funding, growth and next steps.
   - Highlights: Program has a growth rate of 51% since March 2026 with a 95% satisfaction rate
   - On Tuesday (October 20) we received notification that we are receiving a $10,000 grant from Craigleith Cares Foundation to support the continuation of WWOB and introduce a new program → Adaptive Yoga with Erica

3. **Approval of Minutes from September Board meeting – Motion Required**

   **Moved: Sandy**
   **Second: Robin**
   **Carried: Unanimously**

4. **Business arising from the Minutes of September Board meeting:** None

5. **Conflict of Interest:** None declared

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6. **Correspondence:** Teresa

- We received notice we did not receive the Ontario Health base funding Teresa has applied for
    - There was only $80,000 available for all Central Ontario
    - Unsure who received funding
    - This was the first time in approximately 9 years we were able to request a change to base funding vs. applying for one-time funding
    - One-time funding opportunities have also been limited
    - Sandy encouraged Teresa to reach out to the Board for support when these opportunities arise

7. **Executive Director's Report:** Teresa

- Save the Date – December 3rd International Day of Persons with Disabilities
    - Community event with Town of Collingwood including flag raising at 3pm and guest speaker and information
    - Following this – staff/Board will celebrate the holiday season with dinner
- Reminder to let any community groups or organizations you know to contact us re: the Menstrual Equity program – we have products available for distribution
- AODA information - we are happy to meet with anyone who to provide information and resources
- Teresa has applied for a two year federal grant with an ask of $468K over two years to run a program centred around system navigation support which we currently build into our support and services
    - Two positions would be created under the grant
- Community meetings are ramping and there will be an opportunity in November for a CSS in-person meeting in Aurora (fosters engagement with our partners)
- Direct Funding
    - Teresa has been invited to work with a DF as part group developing a Self-Manager Peer Mentoring Pilot program
    - Direct Funding is going well – we are on target
    - Maureen has joined the Self-Manager Newsletter team – and is the only member from outside of CILT

8. **Treasurer's Report:** Tom

- The report is included in the Board Package
- We are having a good year with a surplus at the moment
- Tom noted our key fundraising event (bonspiel) is not until March

**Motion to Approve the September Financial Statements as presented**
**Moved: Tom**
**Second: Kathryn**
**Carried: Unanimously**

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**Motion to reinstate Jan Sandberg as Treasurer**
**Moved: Tom**
**Second: Kathrn**
**Carried: Unanimously**

9. **Accessibility Committee:** Ashlie/ Kathryn/Lilly
    - **Ashlie (New Tecumseth)** – Committee is done for the term with applications set to open again in January
    - **Kathryn (Collingwood)** – Nothing to report
    - **Lilly (Orillia) –** The committee attended a screening of a movie (Thinking Beyond the Market – a Film About Genuinely Affordable Housing (Directed by University of Waterloo Professor)
        - The committee's expertise was called on to review plans for the new bus terminal
        - One consideration raised was the use of extensive glass walls/doors and the need to clearly identify doors (signage etc.) as this can be a challenge for someone with low vision

10. **IL Canada Youth Council:** Ashlie Drake
    - The Council is accepting new applications had has currently received four

11. **Other Business:** None

**Next Meeting:** November 26, 2026 @5pm

Sandy McAuliffe, Board Chair

Ashlie Drake, Board Secretary

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